


Water - the carrier of life

We spend heaps of money to keep ourselves healthy. Yet many of us do not see the need to take care of one of the most important driving forces behind us - the water we drink. Plenty of good drinking water brings numerous benefits to the body and mind.

How much water should we drink?

Our bodies are made up of mostly water;



	Muscles	Lungs	Blood	Teeth
% of Water	75%	80%	90%	10%

This makes consumption of good water extremely important to our health and wellbeing - whether we are young or old.

Many medical and scientific people suggest drinking about 4% of one's body weight in litres of water per day. Sounds like a lot, but remember water regulates our temperature, dissolves our body's waste products and flushes out toxins.



Call now to locate your nearest Refresh stockist to start a reliable home, office and factory delivery:

1300 88 32 88

REFRESH WATERS PTY LTD

www.refreshpurewater.com.au
info@refreshonline.com.au



The most refreshing
water in its purest form.

Find out why...

www.refreshpurewater.com.au

So what kind of water is best?

There are many types of water available, but we think Mother Nature got it right with rainwater. Mother Nature's is identical to steam-distilled water produced by Refresh for everyone's, including their pet's, drinking pleasure. Refresh Pure Water® is identical to the same pure water up in the clouds - yes H₂O with only 2 atoms of hydrogen and one of oxygen. The same one Mother Nature has been producing for millions of years.

Refresh is a pure drinking water free of the dissolved minerals and metals typically found in bottled spring waters, town and bore waters. Unfortunately, many of those waters also contain various (invisible to our eyes) chemicals, toxins, heavy metals and parasites. So, what kind of water is best? We recommend the pure sweet 'rainwater taste' of Refresh Pure Water®. Refresh, the steam-distilled water identical to what is way up in the clouds.

How does Refresh do it?

The Refresh distillation process uses a patented method called vapour compression. It is a thoroughly advanced system that uses the latest water-purifying processes. Input water is first softened in an ion exchanged treatment system. The cold input water is exposed to heat from previously created steam and an intermittent electrical element. The water is brought to a boil. The ongoing steam created is collected inside the distiller by a rotating compressor, cooled by heat transfer into liquid distilled water. Distillation is Nature's way of removing impurities from water, and our vapour compression method allows us to repeat Mother Nature's process on the ground in a very cost-effective way.

The taste of purity is beautifully simple, and simply beautiful



Then What?

The distilled water is stored in bulk tanks, and is continuously circulated through a UV (ultra violet) process. The bottled Refresh Pure Water® is so pure and safe that mothers can give it to their babies without boiling.

Following bottling in various size containers, Refresh Pure Water® is either delivered to homes and businesses in our own trucks or by courier. Consumers never need to worry about Refresh Pure Water® turning green in the bottle if exposed to sunlight - not something other bottled water companies can talk about.

Most waters look nice and clear

Depending on where you live, we can demonstrate the purity of our water by either a simple electrolysis process or using our Total Dissolved Solids (TDS) meters to show you the purity of our product. TDS is the summation of all the dissolved minerals and metals found in bottled spring waters, and most town and bore waters.

Lots of Refresh packages

Yes, Refresh comes in many containers, and can be dispensed and enjoyed (because of its sweet rainwater 'taste') at room temperature, chilled and hot for coffee, tea and soup.

